

Farington Lodges – Health Walk approx 3.5 miles

This is a fairly flat walk, there are steps either side of the bypass and styles to cross. There are also 3 crossings of the railway line, **TAKE CARE LOOK OUT FOR TRAINS!** (some sections can get muddy on this walk.

- Start this walk on Farington Lodges car park
Facing the railway track turn right and follow the lower path through Farington Lodges.
- 1 Exit through the kissing gate onto Church Lane, turn left and follow it to the end.
- 2 At the end of the road turn left onto Chainhouse lane. Carry straight on until you reach the by-pass. Cross the by-pass at the crossing.
- 3 Carry on down Chainhouse lane and take the third left onto Long Moss Lane and follow the road until you get to Startley Nook.
- 4 Turn left down Startley Nook and follow this road until you come to a property on your right called “Longview” Just after this property take a left turn following the footpath sign.
- 5 At the end turn right and continue down this path, cross the railway and take the footpath to the left .
- 6 Turn left after the stables, before you get to the by-pass and follow this track, cross the railway, continue a little further and turn right immediately after the tree line, following the ditch to the style. Climb over the style down the steps and cross the by-pass – follow the path up the steps and over the style on the opposite side. Follow this path and cross the railway track again to return you to the car park. Please make sure you close the gates.